

# CONFLICT

One of the **most difficult areas of life** to handle well is conflict. Whether it happens within a family, church, or an organization, conflict places enormous amounts of stress on the relationships and the people involved. That said, conflict is often a tool used by the Lord to lessen our confidence in our own self and **deepen our trust in the Lord**.

**1. Take a few moments to reflect on the role of conflict in Scripture.** Genesis 13.6-7 shows us conflict between Abraham's and Lot's herdsman. In Mark 9.33-35, we see conflict between the Disciples themselves. Acts 15.38-39 perhaps gives us the most famous example of Biblical conflict between Paul and Barnabas.

As you read those passages, what are some points which jump out at you?

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**2.** In reflecting on your own life, what are **some major conflicts that have impacted you?** What have you learned through that conflict? How did that conflict affect your spiritual life and relationships? What fruit of the Spirit were developed in you as a direct result of that conflict? **What new doors and relationships were opened or deepened as a result of that conflict?** What relationships still need healing?

Take some time and notate these insights on Post-Its. Name one conflict on each Post-It and then jot out the insights learned. Affix the Post-It to the appropriate place or time-frame on your Journey.

**Ask God for healing** where unforgiveness or bitterness still remain. Pray that God would continue to teach you thru past or present conflict.